


www.iconfit.eu

ICON FIT

WEIGHT MANAGEMENT PROGRAM

770g (14 x 55g)

 **ICONFIT DIET SHAKE** - Weight loss set of 14 delicious shakes. Developed with the help of top nutritional specialists and scientifically proven to support weight loss. Each shake contains high protein and dietary fibre levels, 23 essential vitamins and minerals along with green tea extract to help burn fat. To keep you feeling full and active for longer, we have also added a slow-release energy source from Palatinose™. Since it has a very smooth energy release curve, it will also help to avoid blood glucose levels from peaking. In addition, each shake contains Orafit® Inulin extracted from chicory root that promotes digestive health.

Premium quality scientifically researched ingredients in a well balanced meal replacement shake. Smooth, creamy, and tasty meal replacement shakes - easiest weight loss program with great results!

HOW TO USE: Mix contents of one 55g sachet with 250ml of water in a shaker. Shake vigorously for at least 10 seconds and then consume. Replace 2 regular meals per day with ICONFIT meal replacement shakes and keep one healthy regular meal (600kcal for women, 800kcal for men). If feeling hungry in between meals, add a few other smaller healthy snacks.

WARNING: Do not use as a total diet replacement, keep at least one healthy regular meal and consume a healthy amount of water. Contains milk and soy products. Not for children under the age of 16. If pregnant, breastfeeding, or using any kind of medication then consult your doctor first. Keep in a dry cool place, away from direct sunlight.

ICONFIT is a registered trademark of European Foods LLC. All ingredient trademarks are the property of their respective owners. Manufactured in EU by European Foods LLC. See WWW.ICONFIT.EU for full product and contact details.

INGREDIENTS: Whey protein concentrate, maltodextrin, skimmed milk powder, Palatinose™ isomaltulose, Orafit® inulin dietary fibre, vitamin and mineral blend (Vitamin A (retinylacetat), Vitamin D (cholecalciferol), calcium, copper, iodine, iron, magnesium, manganese, potassium, phosphor, selenium, sodium, zinc, ascorbic acid, vitamin E, niacin, calcium D-pantothenate, pyridoxine hydrochloride, thiamine mononitrate, riboflavin, B12, folic acid, biotin), flavouring, natural psyllium husks powder (psyllium ovata), natural cocoa powder (only in chocolate flavoured product), emulsifier soya lecithin (GMO free), green tea extract, sweetener sucralose (E955).

NET: 770g (14 x 55g)

HIGH PROTEIN
ONLY 201 kcal per shake
23 VITAMINS & MINERALS
HIGH FIBRE

ICON FIT

www.iconfit.eu

FLAVOURS:	CHOCOLATE FLAVOURED		ALL OTHER FLAVOURS	
	55g	100g	55g	100g
Energy kJ/kcal	837/200	1522/364	841/201	1530/366
Protein(g)	22.2	40.4	22.2	40.4
Carbohydrates(g)	18.6	33.8	20.5	37.2
...of which sugars(g)	10.5	19.0	10.7	19.5
Fat(g)	2.2	4.0	2.0	3.6
...of which saturated(g)	1.2	2.3	1.2	2.3
Dietary fibre(g)	4.8	8.7	4.8	8.72
VITAMINS		Per 55g Serving (% of NRV/Serving)	Per 100g	
Vitamin A(µg-RE)		309(44)	563	
Vitamin D(µg)		2.8(56)	5.11	
Vitamin E(mg-TE)		3.6(36)	6.5	
Vitamin C(mg)		14.1(31)	25.7	
Thiamin(mg)		0.4(33)	0.65	
Riboflavin(mg)		0.5(33)	0.95	
Niacin(mg)		6.6(37)	12	
Vitamin B6(mg)		0.5(33)	0.9	
Folic Acid(µg)		66(33)	120	
Vitamin B12(µg)		0.5(33)	0.83	
Biotin(µg)		5.0(33)	9	
Pantothenic Acid(mg)		1.0(33)	1.8	
MINERALS		Per 55g Serving (% of NRV/Serving)	Per 100g	
Calcium(mg)		399(57)	725	
Phosphorus(mg)		308(56)	559	
Iron(mg)		4.8(30)	8.77	
Magnesium(mg)		133(88)	242	
Zinc(mg)		3.3(35)	6.03	
Iodine(µg)		46.2(36)	84	
Potassium(mg)		616(20)	1120	
Copper(mg)		0.3(30)	0.6	
Selenium(µg)		16.9(31)	30.8	
Manganese(mg)		0.6(62)	1.12	
Sodium(mg)		214(37)	390	

14 SHAKES

ASSORTED
FLAVOURS

Diet
SHAKE

MEAL REPLACEMENT

HIGH
PROTEIN

ONLY
201 kcal
per shake

23
VITAMINS &
MINERALS

HIGH
FIBRE

770g (14 x 55g)

WEIGHT MANAGEMENT PROGRAM

ICON FIT

www.iconfit.eu